

Quadratic Convergence of Online Direct Preference Optimization

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Acknowledgement

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Language Generation

- **Prompt (State):** user queries
- **Response (Action):** language model generation result

Give me a very short introduction of reinforcement learning from human feedback.



Reinforcement Learning from Human Feedback (RLHF) is a technique where AI agents learn by receiving guidance from human preferences or evaluations. Instead of relying solely on predefined rewards, the agent improves its behavior based on feedback from humans, helping it align more closely with desired outcomes, particularly in complex or subjective tasks.

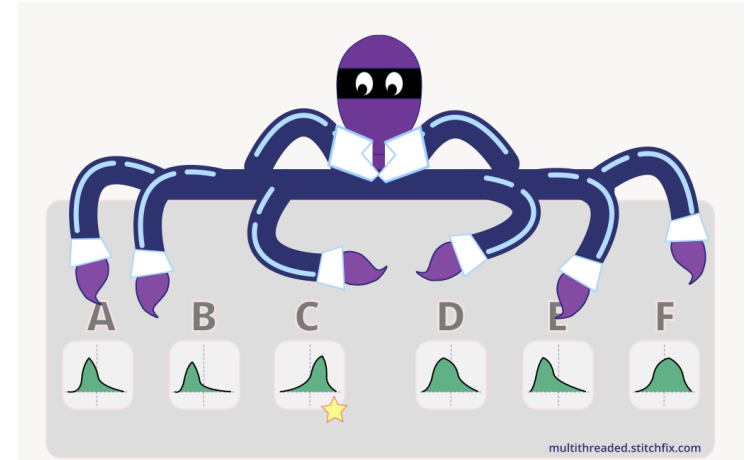
Bandits

Multi-armed bandits (MABs)

- **Arm** space \mathcal{Y}
- **Reward** function $r(y) \in [0,1]$

Contextual bandits (CBs)

- **Context (Prompt)** space \mathcal{X}
- **Arm (Response)** space \mathcal{Y}
- **Reward** function $r(x, y) \in [0,1]$



Picture from
<https://multithreaded.stitchfix.com/blog/2020/08/05/bandits/>

Results in this work can be easily adapted to CBs, so we focus on MABs only

Policy

- A **tabular softmax** policy π_θ for MABs satisfies

$$\pi_\theta(y) = \frac{e^{\theta_y}}{\sum_{y'} e^{\theta_{y'}}}$$

Reward-based v.s. Preference-based RL



=MABs in this work

Reward-based RL

After choosing an arm y , observe a sample $r \sim R(y)$ with mean $r(y)$

Preference-based RL

- A **preference** model $p^*(y_1 > y_2)$ indicating the probability that y_1 is preferred over y_2
- After choosing a **pair** of arms (y_1, y_2) , observe a sample $p \sim \text{Bernoulli}(p^*(y_1 > y_2))$

Bradley-Terry (BT) Model

- Sigmoid function

$$\sigma(x) = \frac{1}{1 + e^{-x}}$$

- BT preference model

$$p^*(y_1 \succ y_2) = \sigma(r(y_1) - r(y_2)) = \frac{e^{r(y_1)}}{e^{r(y_1)} + e^{r(y_2)}}$$

RL from Human Feedback (RLHF)

- Human preference dataset $\mathcal{D} = \left\{ \left(y_w^{(i)}, y_l^{(i)} \right) \right\}_{i=1}^N$
 - In the i th sample, $y_w^{(i)}$ is preferred over $y_l^{(i)}$
- **Step 1:** Learn reward function by minimizing negative log-likelihood

$$\mathcal{L}_r(\phi) = -\frac{1}{N} \sum_{i=1}^N \log \sigma \left(r_{\phi} \left(y_w^{(i)} \right) - r_{\phi} \left(y_l^{(i)} \right) \right)$$

RL from Human Feedback (RLHF)

- **Step 2:** Learn policy by maximizing regularized value using proximal policy optimization (PPO)

$$\theta_{\phi}^{\star} = \operatorname{argmax}_{\theta} \mathbb{E}_{y \sim \pi_{\theta}} [r_{\phi}(y)] - \beta \operatorname{KL}(\pi_{\theta} || \pi_{\text{ref}})$$



This step is usually slow and unstable

Direct Preference Optimization (DPO)

- Under **tabular softmax parametrization**

$$\pi_{\phi}^{\star} = \operatorname{argmax}_{\pi} \mathbb{E}_{y \sim \pi} [r_{\phi}(y)] - \beta \text{KL}(\pi || \pi_{\text{ref}})$$

is equivalent to

$$\pi_{\phi}^{\star}(y) = \frac{1}{Z_{\phi}} \pi_{\text{ref}}(y) e^{r_{\phi}(y)/\beta}$$

where Z is the normalizing factor

Direct Preference Optimization (DPO)

- For any y ,

$$r_{\phi}(y) = \beta \left(\log Z_{\phi} + \log \frac{\pi_{\phi}^*(y)}{\pi_{\text{ref}}(y)} \right)$$

- Plug into reward loss and Z_{ϕ} cancels out!

$$\mathcal{L}_{\pi}(\theta) = -\frac{1}{N} \sum_{i=1}^N \log \sigma \left(\beta \log \frac{\pi_{\theta}(y_w^{(i)})}{\pi_{\text{ref}}(y_w^{(i)})} - \log \frac{\pi_{\theta}(y_l^{(i)})}{\pi_{\text{ref}}(y_l^{(i)})} \right)$$

Ideal Case: Exact DPO

- Suppose we have two **sampling policies** π^{s1} for y_1 and π^{s2} for y_2

- Define sampling probability

Stop gradient

$$\pi^s(y, y') := \text{sg} \left(\pi^{s1}(y)\pi^{s2}(y') + \pi^{s1}(y')\pi^{s2}(y) \right)$$

- Exact DPO loss function

$$\mathcal{L}_{\text{DPO}}(\theta) := - \sum_{y, y' \in \mathcal{Y}} \pi^s(y, y') p^*(y > y') \log \sigma \left(\beta \log \frac{\pi_{\theta}(y) \pi_{\text{ref}}(y')}{\pi_{\text{ref}}(y) \pi_{\theta}(y')} \right)$$

- Policy update

$$\theta^{(t+1)} = \theta^{(t)} - \eta \alpha(\pi^{s1}, \pi^{s2}) \nabla_{\theta} \mathcal{L}_{\text{DPO}}(\theta^{(t)})$$

Sampling coefficient determined by samplers

Ideal Case: Exact DPO

- Mixture of samplers

$$\theta^{(t+1)} = \theta^{(t)} - \eta \nabla_{\theta} \left(\alpha_1 \mathcal{L}_1(\theta^{(t)}) + \alpha_2 \mathcal{L}_2(\theta^{(t)}) \right)$$

- Central to our design

Practical Case: Empirical DPO

- No access to exact gradients

$$\theta^{(t+1)} = \theta^{(t)} - \eta G^{(t)}$$

where $G_y^{(t)}$ is a random variable that

$$\frac{1}{\beta A} \left(G_y^{(t)} - \alpha(\pi^{s1}, \pi^{s2}) \nabla_{\theta_y} \mathcal{L}(\theta^{(t)}) \right) \sim \text{sub-Gaussian}(\sigma^2)$$

- Mixture of samplers

$$\frac{1}{\beta A} \left(G_y^{(t)} - \nabla_{\theta_y} \left(\alpha_1 \mathcal{L}_1(\theta^{(t)}) + \alpha_2 \mathcal{L}_2(\theta^{(t)}) \right) \right) \sim \text{sub-Gaussian}(\sigma^2)$$

Focus of Study

- Recall that

$$r(y) = \beta \left(\log Z + \log \frac{\pi^*(y)}{\pi_{\text{ref}}(y)} \right)$$

- We want to ask

How fast can $r(y) - r(y') - \beta \log \frac{\pi_{\theta(t)}(y)\pi_{\text{ref}}(y')}{\pi_{\text{ref}}(y)\pi_{\theta(t)}(y')}$ ***converge to 0, for*** $\forall y, y' \in \mathcal{Y}$?

$\underbrace{\hspace{15em}}_{=:\delta(y, y'; \theta^{(t)})}$

Results of Exact DPO

- Regime 1: Uniform Sampler
- Regime 2: Known Reward
- Regime 3: Online Sampler

Regime 1: Uniform Sampler

$$\pi^{s1}(\cdot) = \pi^{s2}(\cdot) = \text{Uniform}(\mathcal{Y})$$

- Sampling coefficient $\alpha = 2|\mathcal{Y}|^2$

- Initialize $\pi_{\theta(0)} = \pi_{\text{ref}}$

- Learning rate $\eta = \frac{1}{\beta^2|\mathcal{Y}|}$

← Will be used in all regimes

- Upper bound

$$\left| \delta(y, y'; \theta^{(T)}) \right| \leq 0.588^T, \quad \forall y, y' \in \mathcal{Y}$$

- Directly using convexity gives an $O\left(\frac{1}{T}\right)$ rate

Regime 1: Uniform Sampler

- Define and recall that

$$\Delta(y, y'; \theta) := \sigma(r(y) - r(y')) - \sigma \left(\beta \log \frac{\pi_\theta(y) \pi_{\text{ref}}(y')}{\pi_{\text{ref}}(y) \pi_\theta(y')} \right),$$

$$\delta(y, y'; \theta) := r(y) - r(y') - \beta \log \frac{\pi_\theta(y) \pi_{\text{ref}}(y')}{\pi_{\text{ref}}(y) \pi_\theta(y')}.$$

$$\pi^s(y, y') := \text{sg} \left(\pi^{s1}(y) \pi^{s2}(y') + \pi^{s1}(y') \pi^{s2}(y) \right)$$

- Computing the gradient gives

$$\nabla_\theta \mathcal{L}(\theta) = -\beta \sum_{y, y'} \pi^s(y, y') \Delta(y, y'; \theta) \mathbb{1}_y$$



Holds for all regimes

Regime 1: Uniform Sampler

- Iteration equation for δ :

$$\delta(y, y'; \theta^{(t+1)}) = \delta(y, y'; \theta^{(t)}) - \eta\beta\alpha(\pi^{s1}, \pi^{s2}) \sum_{y''} \left(\pi^s(y, y'') \Delta(y, y''; \theta^{(t)}) - \pi^s(y', y'') \Delta(y', y''; \theta^{(t)}) \right)$$

Holds for all regimes



- Plug in $\pi^s(y, y') = 2/|\mathcal{Y}|^2$ makes coefficients of Δ identical
- Use $\sigma'_{\min} \leq \frac{\sigma(x) - \sigma(y)}{x - y} \leq \frac{1}{4}$ to convert Δ into δ by assuming that

$$\sigma' \left(\log \frac{\pi_{\theta}(y) \pi_{\text{ref}}(y')}{\pi_{\text{ref}}(y) \pi_{\theta}(y')} \right) \geq \sigma'_{\min} > \frac{1}{8}$$

Regime 1: Uniform Sampler

- We have that

$$\gamma = \max\{1 - 4\eta\beta^2 A\sigma'_{\min}, \eta\beta^2 A - 1\} + \eta\beta^2 A(1 - 4\sigma'_{\min})$$
$$|\delta(y_1, y_2; \theta^{(t+1)})| \leq \gamma \max_{y, y'} |\delta(y, y'; \theta^{(t)})|$$

- Plug in η gives $\gamma < 1$
- Go back and verify the assumption on σ'_{\min} and further refine γ

Regime 2: Known Reward

Not practical, only for proof of idea

$$\textcircled{1} \begin{cases} \pi^{s1}(\cdot) = \text{Uniform}(\mathcal{Y}) , \\ \pi^{s2}(\cdot) = \text{Uniform}(\mathcal{Y}) , \end{cases} \quad \textcircled{2} \begin{cases} \pi^{s1}(\cdot) \propto \text{Uniform}(\mathcal{Y}) \cdot \exp(r(\cdot)) , \\ \pi^{s2}(\cdot) \propto \text{Uniform}(\mathcal{Y}) \cdot \exp(-r(\cdot)) , \end{cases}$$

- Sampling coefficient $\alpha_1 = |\mathcal{Y}|^2, \alpha_2 = \sum_{y, y'} \exp(r(y) - r(y'))$
- Upper bound

Quadratic convergence!

$$\left| \delta(y, y'; \theta^{(T)}) \right| \leq 0.5^{2^T - 1} , \quad \forall y, y' \in \mathcal{Y}$$

Regime 2: Known Reward

- Taylor expansion at $r(y_1) - r(y_2)$:

$$\Delta(y_1, y_2; \theta^{(t)}) = \sigma'(r(y_1) - r(y_2))\delta(y_1, y_2; \theta^{(t)}) + \frac{\sigma''(\xi_R)}{2}\delta(y_1, y_2; \theta^{(t)})^2$$

- Recall update

$$\begin{aligned} \delta(y, y'; \theta^{(t+1)}) &= \delta(y, y'; \theta^{(t)}) \\ &\quad - \eta\beta\alpha(\pi^{s1}, \pi^{s2}) \sum_{y''} \left(\pi^s(y, y'')\Delta(y, y''; \theta^{(t)}) - \pi^s(y', y'')\Delta(y', y''; \theta^{(t)}) \right) \end{aligned}$$

- Setting $\pi^s(y_1, y_2) \propto 1/\sigma'(r(y_1) - r(y_2))$ gives

$$\pi^s(y, y'')\Delta(y, y''; \theta^{(t)}) - \pi^s(y', y'')\Delta(y', y''; \theta^{(t)}) = \text{constant} \cdot \delta(y, y'; \theta^{(t)}) + \text{quadratic term}$$

Regime 2: Known Reward

- The choice of η eliminates the linear term:

$$\begin{aligned} \delta(a, a'; \theta^{(t+1)}) &= (1 - \eta\beta^2 A) \delta(a, a'; \theta^{(t)}) \\ &\quad + \frac{\eta\beta^2}{2} \sum_{a''} \left(\frac{\sigma''(\xi_R(a, a''; \theta^{(t)}))}{\sigma'(r(a) - r(a''))} \delta(a, a''; \theta^{(t)})^2 - \frac{\sigma''(\xi_R(a', a''; \theta^{(t)}))}{\sigma'(r(a') - r(a''))} \delta(a', a''; \theta^{(t)})^2 \right) \end{aligned}$$

- Bounding $\sigma'' \leq \frac{1}{6\sqrt{3}} < 0.097$ and $\sigma' \geq \sigma'(1) > 0.196$ gives
$$|\delta(y, y'; \theta^{(t+1)})| < 0.5 \max_{a, a'} \delta(a, a'; \theta^{(t)})^2$$

Regime 3: Online Sampler

Current policy

$$\textcircled{1} \begin{cases} \pi^{s1}(\cdot) = \text{Uniform}(\mathcal{Y}) \\ \pi^{s2}(\cdot) = \text{Uniform}(\mathcal{Y}) \end{cases}, \quad \textcircled{2} \begin{cases} \pi^{s1}(\cdot) \propto \text{Uniform}(\mathcal{Y}) \cdot (\pi(\cdot)/\pi_{\text{ref}}(\cdot))^\beta \\ \pi^{s2}(\cdot) \propto \text{Uniform}(\mathcal{Y}) \cdot (\pi_{\text{ref}}(\cdot)/\pi(\cdot))^\beta \end{cases}$$

- $\textcircled{2}$ equivalent to $\pi^{s1} \propto \exp(\beta(\theta - \theta_{\text{ref}}))$, $\pi^{s2} \propto \exp(\beta(\theta_{\text{ref}} - \theta))$
- Sampling coefficient $\alpha_1 = |\mathcal{Y}|^2$, $\alpha_2 = \sum_{y, y'} \left(\frac{\pi(y)\pi_{\text{ref}}(y')}{\pi_{\text{ref}}(y)\pi(y')} \right)^\beta$
- Upper bound

Quadratic convergence!

$$\left| \delta(y, y'; \theta^{(T)}) \right| \leq 0.611^{2^T - 1}, \quad \forall y, y' \in \mathcal{Y}$$

Regime 3: Online Sampler

- Taylor expansion at $\beta \log \frac{\pi(y)\pi_{\text{ref}}(y')}{\pi_{\text{ref}}(y)\pi(y')}$

$$\begin{aligned} \delta(a, a'; \theta^{(t+1)}) &= (1 - \eta\beta^2 A) \delta(a, a'; \theta^{(t)}) \\ &\quad - \frac{\eta\beta^2}{2} \sum_{a''} \left(\frac{\sigma''(\xi_P(a, a''; \theta^{(t)}))}{\sigma'(\beta(\theta_a - \theta_{a''})^{(t)})} \delta(a, a''; \theta^{(t)})^2 - \frac{\sigma''(\xi_P(a', a''; \theta^{(t)}))}{\sigma'(\beta(\theta_{a'} - \theta_{a''})^{(t)})} \delta(a', a''; \theta^{(t)})^2 \right) \end{aligned}$$

- Like Regime 1, assume $\sigma'(\beta(\theta_a - \theta_{a'})) \geq \sigma'_{\min}$ and verify in the end

Empirical DPO

- (For **Regime 2**) Same equation:

$$\mathbb{E}[(G_a - G_{a'})^{(t)}] = -\beta A \delta(a, a'; \theta^{(t)}) - \underbrace{\frac{\beta}{2} \sum_{a''} \left(\frac{\sigma''(\xi_R(a, a''; \theta^{(t)}))}{\sigma'(r(a) - r(a''))} \delta(a, a''; \theta^{(t)})^2 - \frac{\sigma''(\xi_R(a', a''; \theta^{(t)}))}{\sigma'(r(a') - r(a''))} \delta(a', a''; \theta^{(t)})^2 \right)}_{=: N_t(a, a')}$$

- When operating under expectation:
 - $\mathbb{E}[\delta(; \theta^{(t+1)})]$ needs $\mathbb{E}[\delta(; \theta^{(t)})^2]$
 - $\mathbb{E}[\delta(; \theta^{(t)})^2]$ needs $\mathbb{E}[\delta(; \theta^{(t-1)})^4]$
 - ...
 - $\mathbb{E}[\delta(; \theta^{(T)})]$ needs $\mathbb{E}[\delta(; \theta^{(t)})^n]$ for any t, n such that $2^t \cdot n \leq 2^T$

Bounding Moments

- With some manipulation, we have Noise

$$\mathbb{E}[\delta(a, a'; \theta^{(t+1)})^{2n}] \leq \sum_{k=0}^{2n} \binom{2n}{k} (6\sigma\sqrt{n})^k \cdot \frac{1}{2^{2n-k}} \max_{a_1, a_2} \mathbb{E}[\delta(a_1, a_2; \theta^{(t)})^{4n-2k}]$$

- Take $T = \log 1/\sigma$, then with sufficiently small σ and any $2^t \cdot n \leq 2^T$,

$$\mathbb{E}[\delta(a, a'; \theta^{(t)})^{2n}] \leq \left(12\sqrt{n}\sigma + \frac{1}{2^t}\right)^{2n}$$

- This implies

$$\sqrt{\mathbb{E}[\delta(y, y'; \theta^{(T)})^2]} \leq 14\sigma, \quad \forall y, y' \in \mathcal{Y}$$

Regime 3?

- $\sigma'(\beta(\theta_a - \theta_{a'}))$ hard to bound under estimation scheme
- If we use Taylor expansion at any point $z(a, a')$:

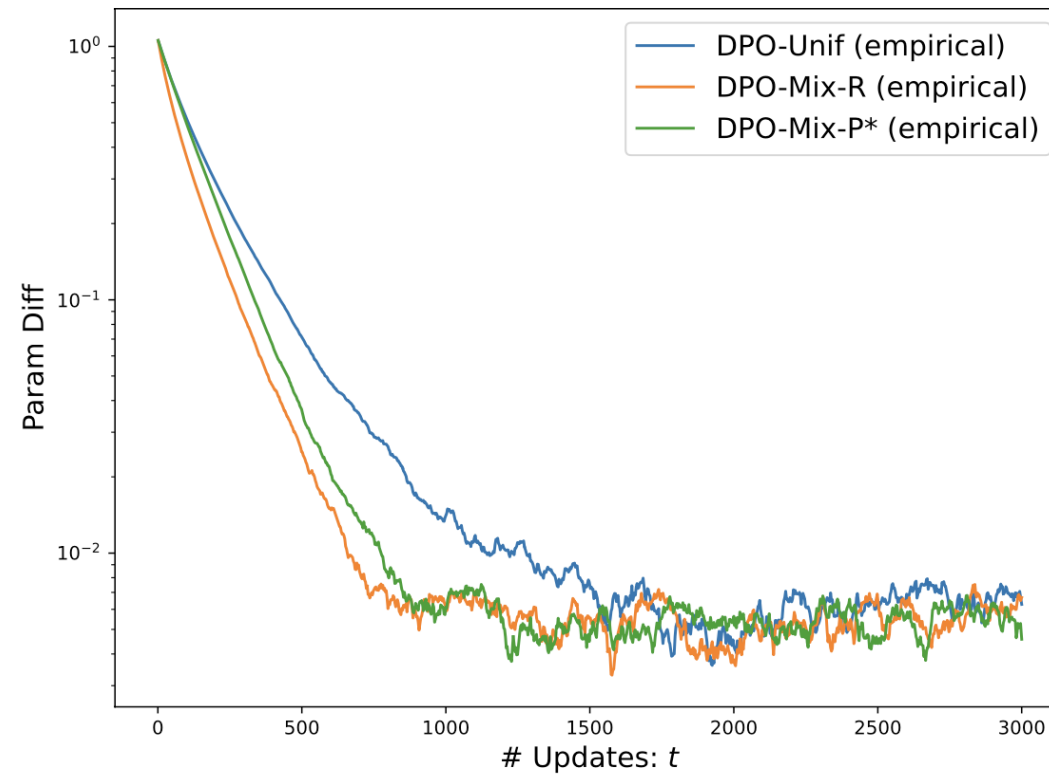
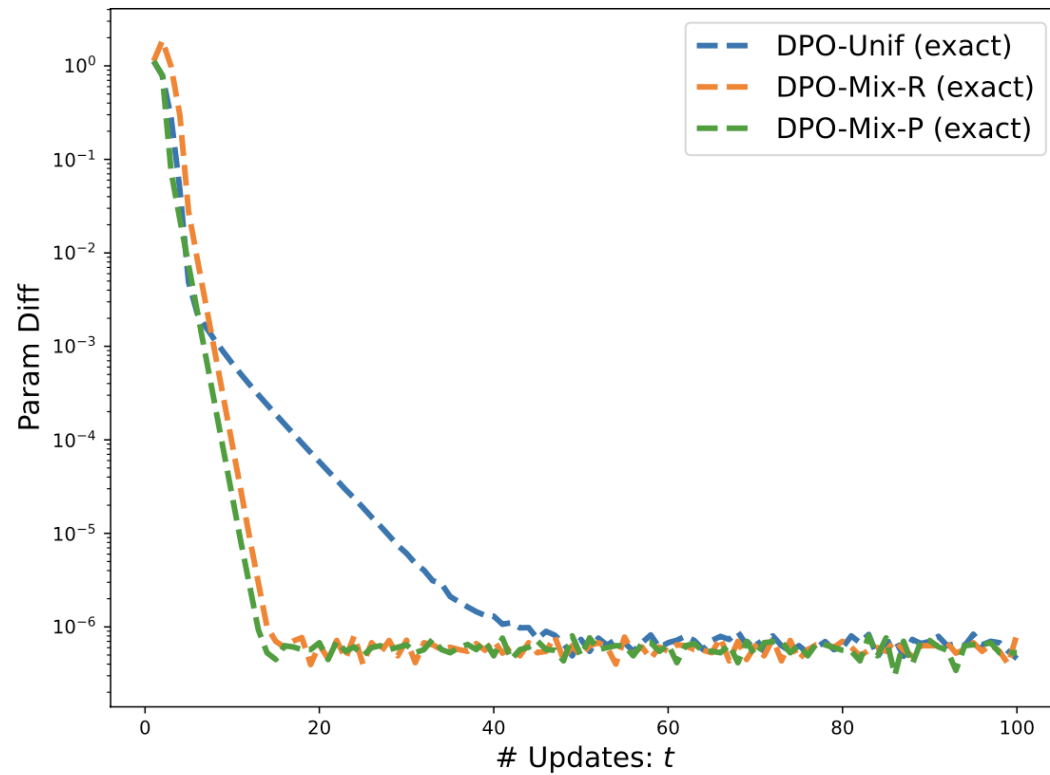
$$\begin{aligned}\Delta(a, a'; \theta) = & \sigma'(z(a, a'))\delta(a, a'; \theta) + \frac{\sigma''(\xi_1(a, a'; \theta))}{2}(r(a) - r(a') - z(a, a'))^2 \\ & - \frac{\sigma''(\xi_2(a, a'; \theta))}{2}[\beta(\theta_a - \theta_{a'}) - z(a, a')]^2 ,\end{aligned}$$

- Set $\pi^s(y_1, y_2) \propto 1/\sigma'(z(y_1, y_2))$, try to make
 - $\sigma'(z(y_1, y_2))$ bounded
 - $[r(a) - r(a') - z(a, a')]^2 + [\beta(\theta_a - \theta_{a'}) - z(a, a')]^2$ not far from δ^2

Regime 3?

- Take $z(y_1, y_2) = \text{clip}(\beta(\theta_{y_1} - \theta_{y_2}), [-1, 1])$
- Algorithm changes accordingly with a rejection sampling step
- Proof reduces to Regime 2, results are the same
- Can be applied to the exact gradient case for a faster convergence

Numerical Simulations



Safe-RLHF

Algorithm	Iters	Average reward (train)	Win-rate (train)	Average reward (test)	Win-rate (test)
Vanilla DPO	2	-1.486	67.6%	-1.423	68.7%
	3	-1.144	72.5%	-1.203	71.7%
On-policy DPO	2	-1.478	67.6%	-1.510	65.8%
	3	-1.082	73.2%	-1.094	73.2%
Hybrid GSHF	2	-1.517	68.5%	-1.505	66.9%
	3	-1.079	74.8%	-1.002	75.9%
Ours	2	-1.457	68.1%	-1.436	67.6%
	3	-0.908	75.6%	-0.945	76.2%

Iterative-Prompt

Algorithm	Iters	Average reward (train)	Win-rate (train)	Average reward (test)	Win-rate (test)
Vanilla DPO	2	1.427	71.4%	1.375	70.0%
	3	2.023	78.4%	2.133	78.8%
On-policy DPO	2	2.106	79.2%	2.157	78.7%
	3	3.131	82.4%	3.327	82.9%
Hybrid GSHF	2	2.116	79.6%	2.224	80.0%
	3	2.386	81.9%	2.500	82.8%
Ours	2	2.026	78.3%	2.068	77.3%
	3	4.149	86.6%	4.221	87.1%

Thank You